

First Aid Kit Guidelines

First aid kits, appropriate for the department size or laboratory and hazards present, should be maintained convenient and accessible locations. First aid kits should meet ANSI Standard Z308.1 for minimum content requirements. See Table 1 below for minimum contents.

First Aid Kits available at Iowa State University [Central Stores](#) are ANSI-compliant. Individual items should be replenished as they become depleted. Refills are also available from Central Stores.

Table 1
ANSI/ISEA Z308.1-2009 Minimum Contents for Workplace First Aid Kits

Item	Minimum Quantity
Absorbent Compress -32 sq. in (206 sq. cm.) with no side smaller than 4 in (10 cm.)	1
Adhesive Bandage -1" x 3" (2.5 cm x 7.5 cm)	16
Adhesive Tape -3/8" x 2.5 yd. (2.3m total)	1 roll
Antibiotic treatment -0.14 oz. (0.5g)	6
Antiseptic -0.14 oz. (0.5 g)	10 wipes
Burn Treatment -1/32 oz. (0.9g)	6
First-aid guide	1
Medical Exam Gloves	2 pairs
Sterile Pads -3" x 3" (7.5 x 7.5 cm)	4
Triangular Bandage -40"x40"x56" (101 cm. x 101cm. x 142 cm)	1

Iowa State University employees responsible for providing first-aid may need additional supplies to ensure protection from bloodborne pathogens or specific workplace hazards. Examples include CPR microshields, waste bags with biohazard labels, and specialty items such as calcium gluconate or polyethylene glycol 300 or 400 (PEG-300 or PEG-400).

Questions or comments may be directed to Environmental Health and Safety at (515) 294-5359 or ehsinfo@iastate.edu.