

First Aid Kit Guidelines

First aid kits, appropriate for the department or laboratory size and hazards present, should be maintained in convenient and accessible locations. ANSI Standard Z308.1 provides an inventory for first aid kits. See Table 1 below for recommended contents.

Complete kits and refills are available at Iowa State University [Central Stores](#) (515) 294-0408 or through CyBuy. Individual items should be replenished as they become depleted or expired.

Table 1
Recommended Contents of Workplace First Aid Kits

Item	Minimum Quantity
Adhesive Bandage-1" x 3"	16
Adhesive Tape-3/8" x 2.5 yd.	1 roll
Antibiotic Treatment-0.14 fl. oz.	10
Antiseptic-0.14 fl. oz.	10 wipes
Breathing Barrier	1
Burn Dressing-4" x 4"	1
Burn Treatment-1/32 oz. (0.9g)	10
Cold Pack	1
Eye Coverings	2
First-Aid Guide	1
Medical Exam Gloves	4 pairs
Roller Bandage-2" x 4 yd.	1
Scissors	1
Sterile Pads-3" x 3"	4
Trauma Pads-5" x 9"	2
Triangular Bandage-40" x 40" x 56"	1

Iowa State University employees responsible for providing first aid may need additional supplies to ensure protection from bloodborne pathogens or specific workplace hazards. Examples include CPR micro-shields, waste bags with biohazard labels, and specialty items such as calcium gluconate or polyethylene glycol 300 or 400 (PEG-300 or PEG-400).

Questions or comments may be directed to Environmental Health and Safety at (515) 294-5359 or ehsinfo@iastate.edu.