DON’T LET THE FLU GET YOU

GET VACCINATED
A yearly flu vaccine is the first and most important step in protecting yourself and others from the flu.

STOP GERMS
Cover your coughs and sneezes with a tissue or your sleeve and wash your hands frequently.

PROTECT OTHERS
If you have the flu, **STAY HOME** and limit contact with others.

**IOWA STATE UNIVERSITY**
Environmental Health and Safety

Thielen Student Health Center: (515) 294-5801
Environmental Health and Safety: (515) 294-5359