**Proper Glove Etiquette**

**When to wear gloves:**

* Wear gloves whenever your hands may come into contact with hazardous materials, including chemicals, radioactive materials, or biohazards

**Ensure that your gloves are appropriate/compatible for the work you are doing – use a glove selection chart**

**When wearing gloves, assume that they are always contaminated, therefore:**

* Do not touch your face or other body parts with gloved hands
* Do not touch your phone or other personal items with gloved hands
* Change your gloves regularly or when they are exposed to contaminants
* When you have completed your work, decontaminate surfaces and items that may have been touched by contaminated gloved hands
* Remove gloves before leaving the laboratory or work area
* Use proper glove removal technique and disposal – you can find a video demonstration at:   
  <https://www.ehs.iastate.edu/file/correctly-removing-ppe-gloves-0>
* After removing your gloves, wash your hands with soap and water for a minimum of 20 seconds

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