

Don't Let the Flu Get You

Get Vaccinated | Stop Germs | Protect Others



Get Vaccinated: A yearly flu vaccine is the first and most important step in protecting yourself and others from the flu.

Stop Germs: Cover your cough/sneeze with a tissue or your sleeve and wash your hands frequently.



Protect Others: If you have the flu, stay home and limit contact with others.

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McFarland Clinic - Adult Medicine: (515) 239-4431
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