Focus on Your Core

Work in a laboratory at Iowa State University? Complete the following three tasks.

1. **Fire Safety and Fire Extinguisher Training**
   Be prepared for a fire emergency by reviewing safety and emergency procedures, learning about common ignition sources, and by determining good practices for storing flammable and combustible materials.

2. **Laboratory Safety: Core Concepts**
   Learn how to work safely, assess hazards, and use resources to determine hazard control measures within a laboratory while getting familiar the Laboratory Safety Manual.

3. **Emergency Response Guide Video**
   Determine what to do in the event of an emergency on campus at Iowa State University by watching the Emergency Response Guide video.