Walking during winter requires special attention to avoid slipping and falling. The National Safety Council estimates that falls cause more than 1,500 deaths and 300,000 injuries per year. **Walk safe**

- **Use designated walkways**
- **Wear shoes or boots that provide traction**
- **Use handrails when climbing stairs, entering, or leaving buildings**
- **Plan your route, look ahead, and pay attention**
- **Take short steps or shuffle for stability**