Did you wash your hands?

YOUR HEALTH IS IN YOUR HANDS

1: Use soap and warm water
2: Scrub for 20 seconds
3: Rinse
4: Dry with paper towel
5: Use towel to turn off faucet and turn door handle

IOWA STATE UNIVERSITY

Thielen Student Health Center: (515) 294-5801
McFarland Clinic - Adult Medicine: (515) 239-4431
Environmental Health and Safety: (515) 294-5359

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